

# My Chiropractic Success Story...

## Symptoms Before Treatment:

## Medications I was on:

• A very hard, unexpected fall onto my left shoulder while skiing at Aspen (Caused me 9 out of 10 discomfort)

• I iced and sought Chiropractic and later added Physical therapy care

• Took Aleve for pain, still do

• Other medications– Simvastatin, HDCT, Bystolic, and Xanax

## Improvements in My Life:

• I continue with Zumba, Step Aerobics, Nia and other exercise encouraged by believing that these muscle toning moments will strengthen my weak areas and overall body

## Why I would recommend Select-Care Chiropractic, P.C.:

• Thoroughness

I give Select-Care Chiropractic, P.C. rights to share my Chiropractic Success Story with others.  
Only first names will be used.

Gale D.

Printed Name



09 September 2013

Date