

# My Chiropractic Success Story...

## Symptoms Before Treatment:

## Medications I was on:

- Numbness / tingling (arm)
- Pain in neck and upper back

- Ibuprofen (3-4 / day)
- Occasional rx muscle relaxer

## Improvements in My Life:

## Why I would recommend Select-Care Chiropractic, P.C.:

- More active
- Better sleep
- Better range of motion
- Significantly less pain

\* Refer to "Improvements in My Life" - enough said!

I give Select-Care Chiropractic, P.C. rights to share my Chiropractic Success Story with others.  
Only first names will be used.

Phil R.

Printed Name



11 April 2014

Date